



SCREENAGERS NEXT CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE

Millions of young people experience high stress, anxiety, and depression. In Screenagers Next Chapter: Addressing Mental Health in the Digital, we follow physician and filmmaker Delaney Ruston as she discovers solutions for improved adolescent stress, anxiety, and depression in the digital age.

BY: Chewelah School District

WHEN: March 12, 2024, 6:30pm

WHERE Jenkins Jr/Sr High School

Following the showing of the documentary the Superintendent will facilitate a discussion between viewers and a panel of experienced professionals